Constellation Formats for Systemic Functions and Their Principles

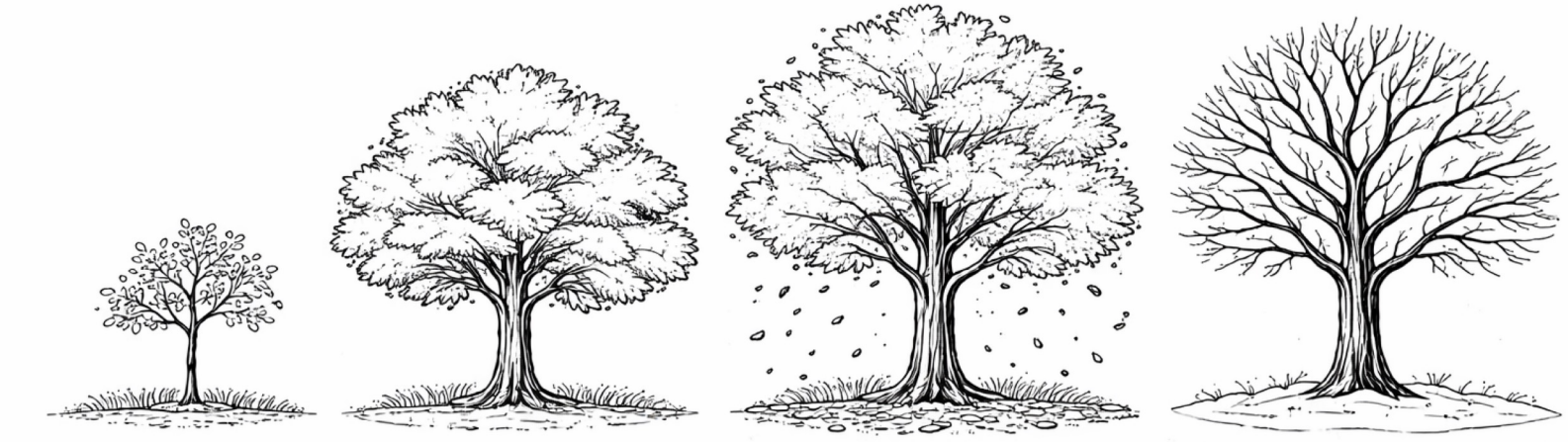
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Two basic functions
apply to all open systems.

2 Development and Growth

For systems to **develop** further, they must **act differently.**

“To change, we must do things differently.”

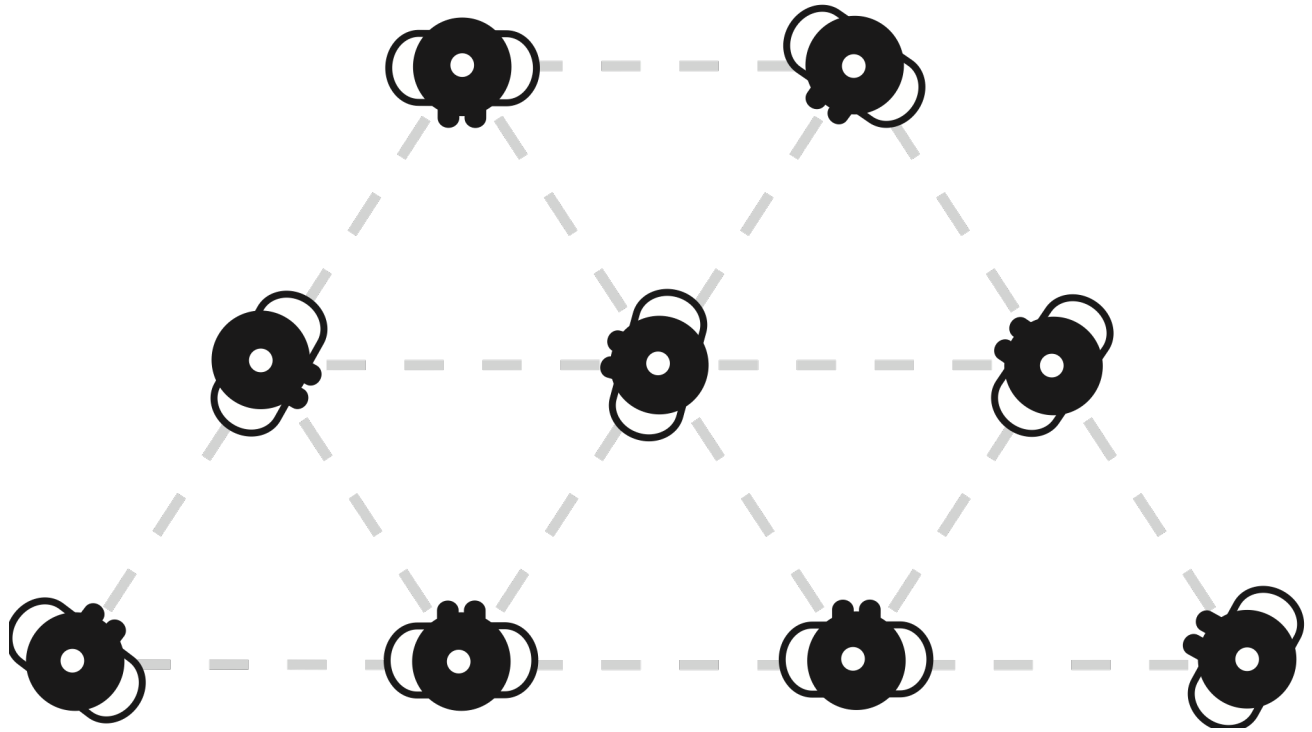


Exercise

1. Complex Group Figure

All participants in a group

Each participant stands independently. The exercise lasts until everyone is settled in their position..



The Process

- Each participant secretly selects two people from the group.
- Everyone then adjusts their position to maintain equal distance to the two chosen individuals.
- No speaking.

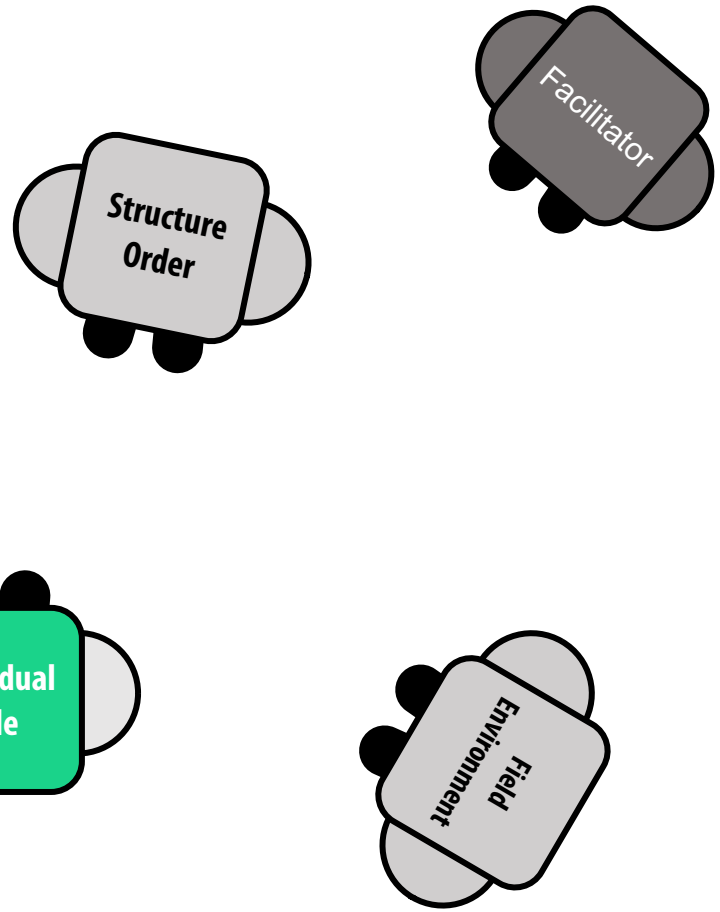
Exercise

2a. Orientation for Self-Organisation

Group of 5

Each 15 min

Purpose + Meaning / Structure + Order
Individual + Role / Field + Environment
Facilitator



The Positions

Purpose / Meaning
What is the system here for?
Structure / Order
What rules and decision-making exist?
Individual / Role
The acting individual or functional roles within the system.
Field / Environment
Market, context, resonance space, external conditions