Systemic Constellations

Indications

Contraindications

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3 Aspect: The Unconsciousness

- Constellations are suitable for questions in which the **unconscious plays a significant role**.
- They reveal how **dynamics hidden from conscious awareness** influence relational processes.

1. Psychological Disorder or Mental Illness

- **Psychological disorders** and **mental illnesses** are generally considered contraindications.
- If clients are **undergoing psychotherapy**, they must obtain the **consent of their treating therapist** before participating in a constellation or enrolling in training in constellation work.
- In addition, they should **sign a declaration acknowledging their personal responsibility** in the context of a constellation or training.