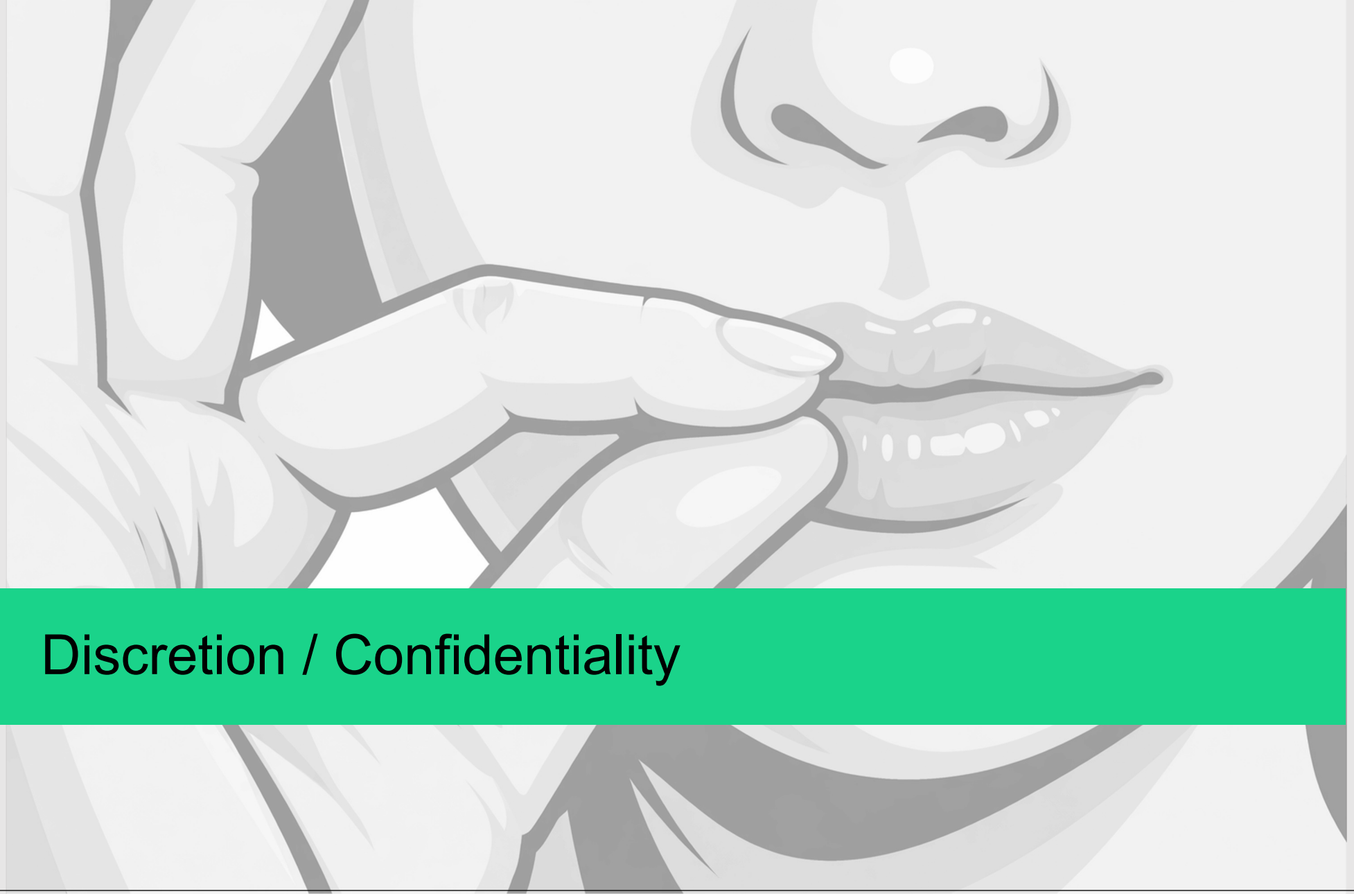
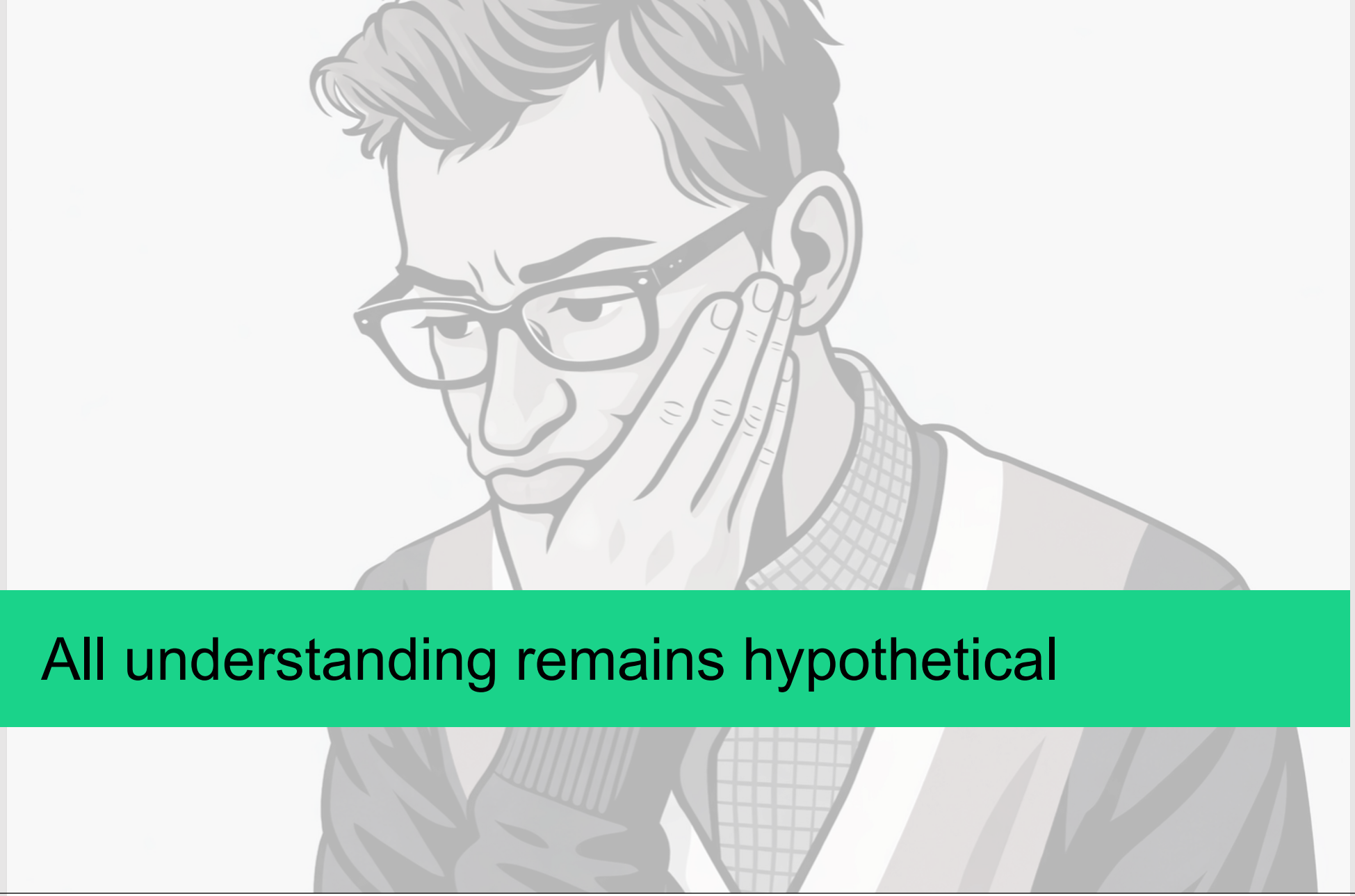
Systemic Constellation Work

- Is guided by **6** **core principles**





1 Discretion / Confidentiality



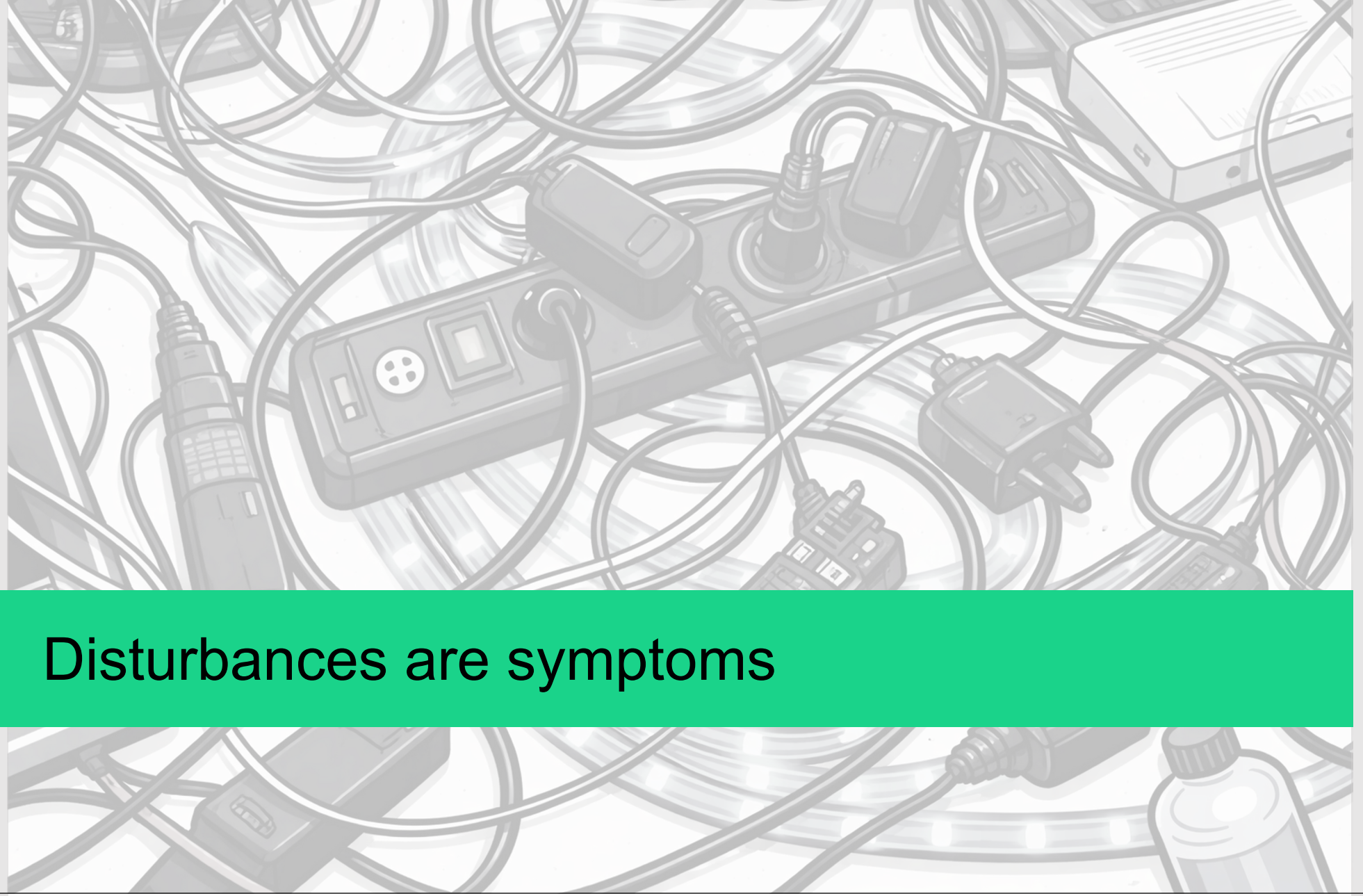
3 All understanding remains hypothetical

Use Words Sparingly

Speaking activates the **left hemisphere**, engaging rational thought, logic, analysis, and interpretation.

- Yet it is the **right hemisphere** that enables us **to perceive connections.**

For this reason, it is helpful to speak sparingly.



6 Disturbances are symptoms