Foundations

The foundations of systemic constellation work include the following **aspects**

1. Attitude
2. Responsibility
3. Awareness and Presence
4. Humility

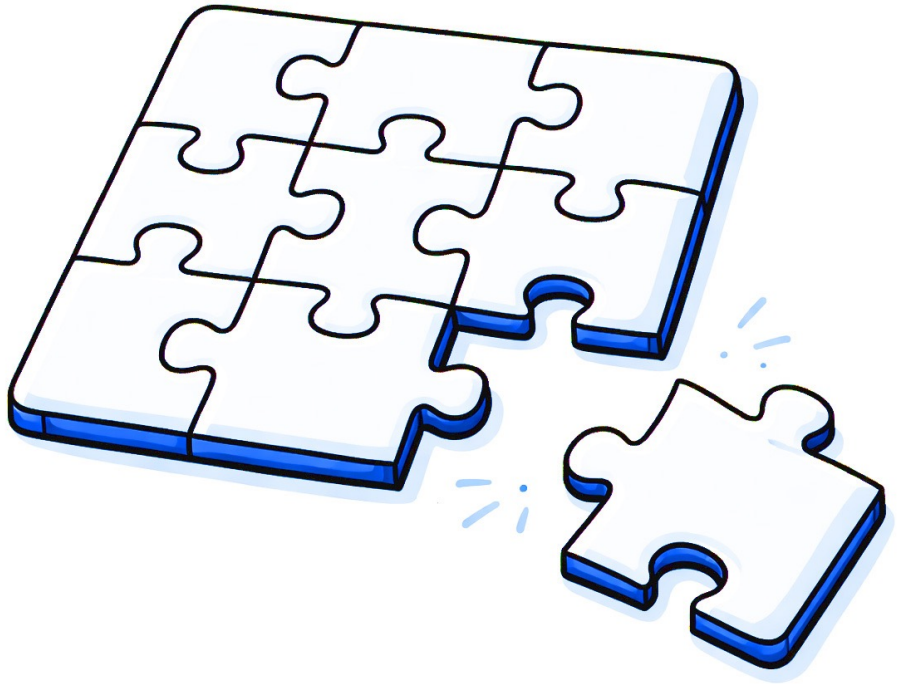
Coherence

- The whole has an **inherent tendency** towards **coherence** (a good Gestalt).



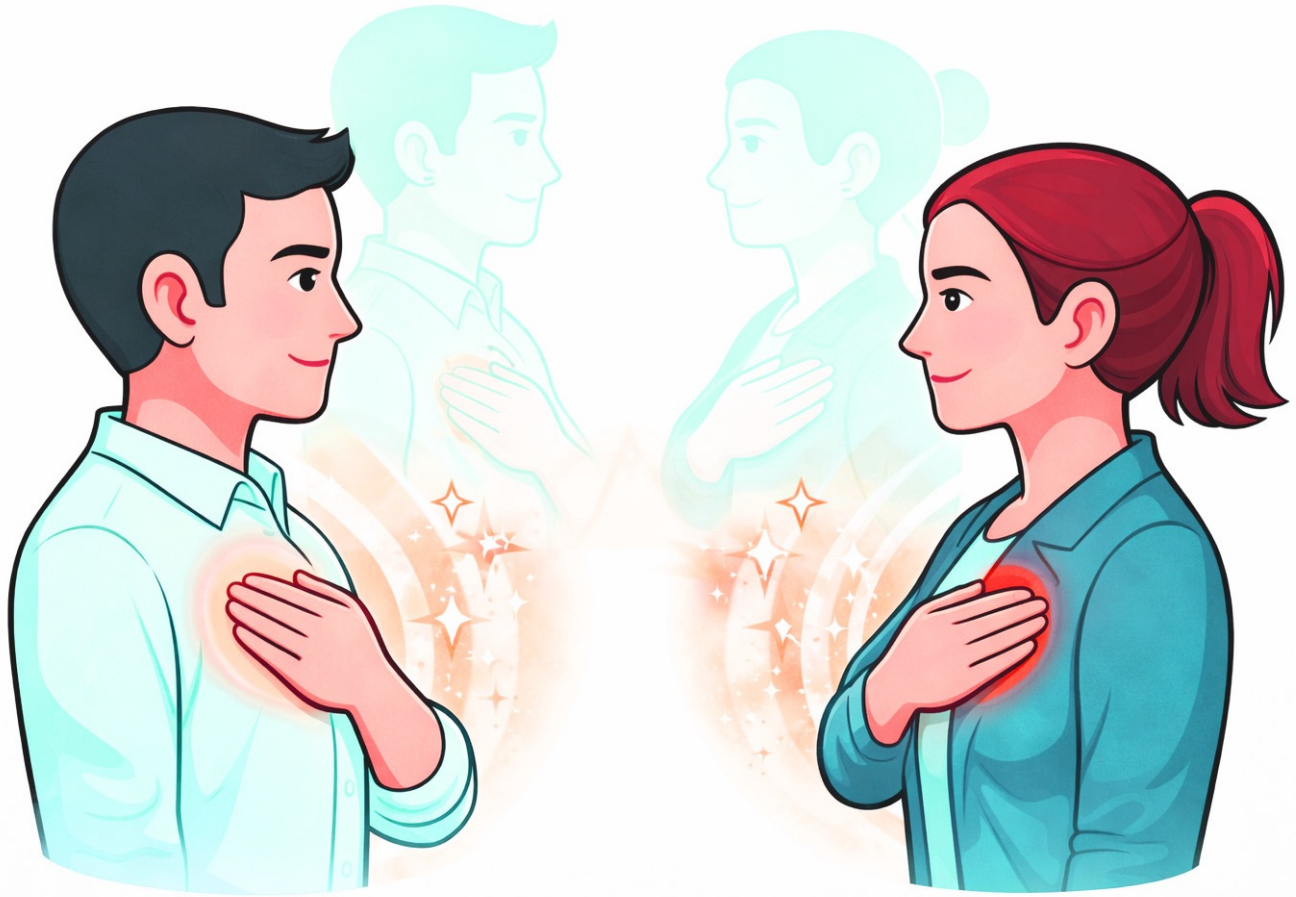
Belonging

- At times, the whole depends on the **interchangeability of its elements**.
- At other times, its **elements** must **not be excluded**.



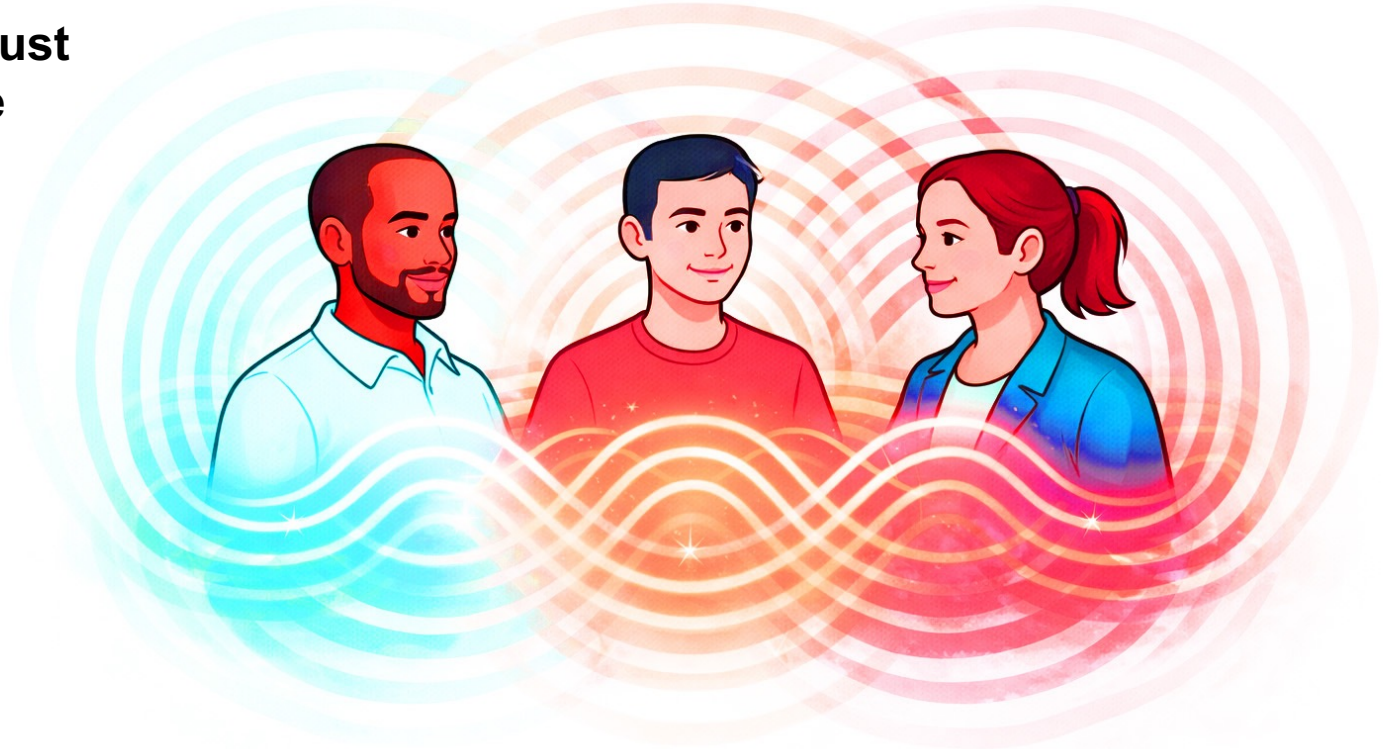
Respect

- **Respect** for each **individual** is essential.
  It is, at the same time, **respect for oneself**.

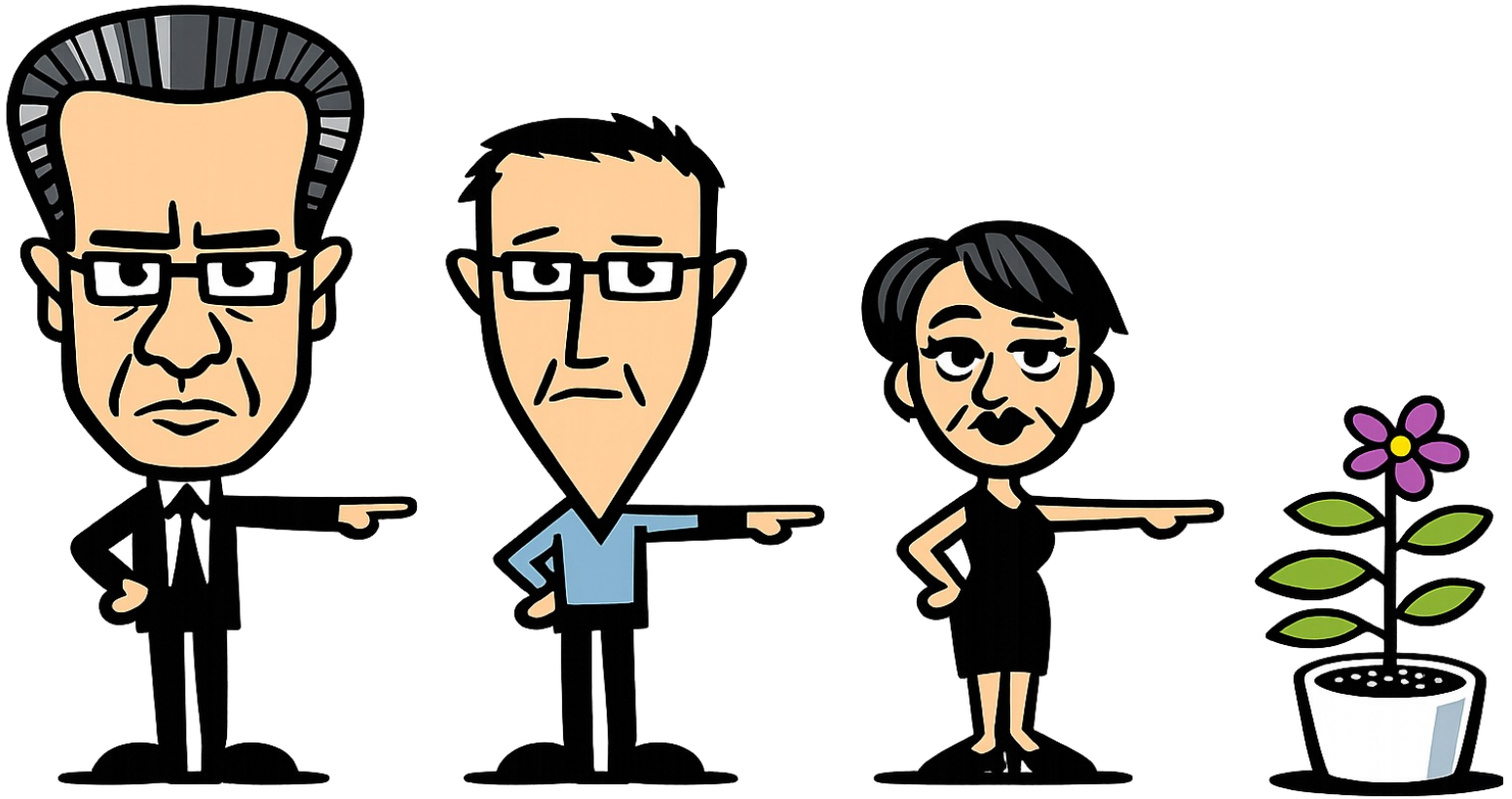


Resonance

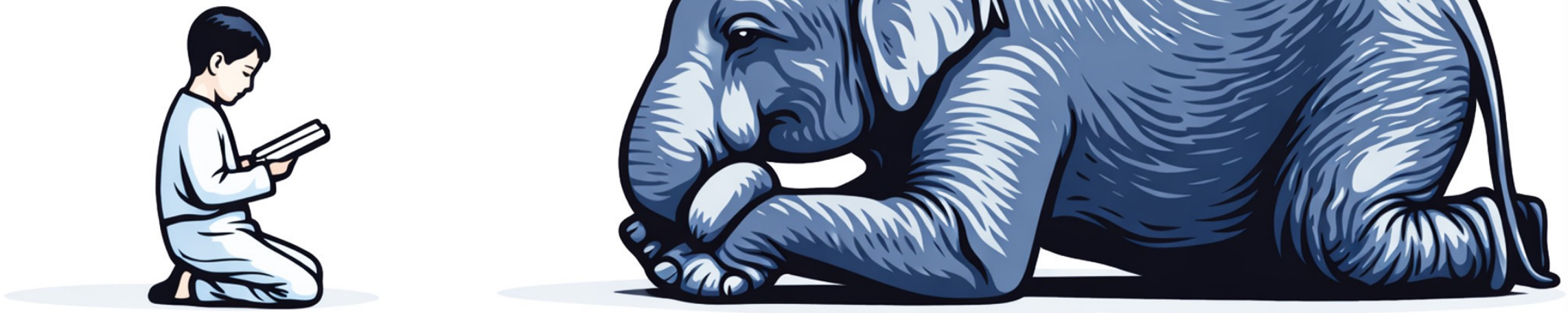
- Every human being exists in **the ongoing resonance of interconnected being**.
- From this it follows that **each person must be understood** within the context of the **respective connections.**



2 Responsibility



4 Humility



Dedication

- In **dedication**, humility finds its **fulfilment.**
- As an “absolute surrender of will”, it trusts in **the universal interconnectedness of all being** – in its **essential unity**.



The passion that arises in such a momentary self-forgetfulness dissolves all constructed boundaries.